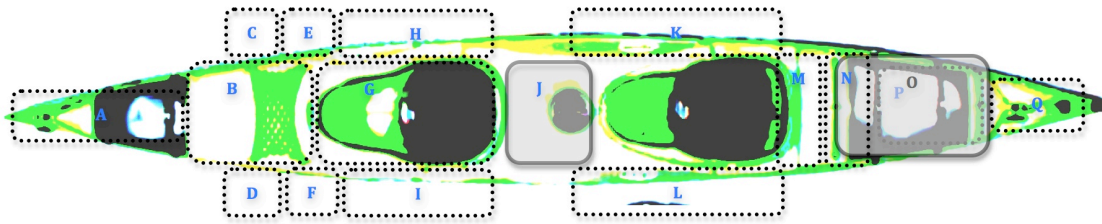


Arctic Venture packlist

for kayak - hike - ski combinations

This list shows expedition gear and the way it is packed. My sleeping bag for example, is packed in a compression bag (inner packing) which, together with other gear is finally packed in a waterproof bag of 109 liters (outher packing), stored in the kayak with location code G.



Broken lines = inside gear, closed lines = outside gear

. = ditto yellow = damaged or lost

nr	item	brand name	remark	inner packing	nr.	outher packing	nr.	location kayak
1 Expedition gear (one week)								
1a shelter								
v	winter sleeping bag	Helsport	inner bag 90 % goose down, outer bag polarguard	50 l compression bag		109 l waterproof bag	1 of 4	G
v	vapour barrier liner	.	keeps body moisture away from the sleeping bag
v	sleeping bag liner	Outdoor Design	keeps your sleeping bag clean from the inside
v	sleeping mattress	Exped	Downmat type large, -30 comfort range
v	inflating device	.	inflates the sleeping mattress more quickly	20 l waterproof liner bag	1 of 4	.	.	.
v	inflatable pillow	.	worth the weight if it improves your sleep
v	sit mat	Home made	to keep the hiniies warm and dry	30 l waterproof bag	1 of 4	.	.	.
v	tent	Helsport	Patagonia 3 person type	70 l waterproof liner bag	1 of 3	109 l waterproof bag	2 of 4	O
v	tent poles 1 and 2	.	regular and spare set of tentpoles	30 l waterproof bag	2 of 4	.	.	.
v	tent pegs 25 x	Helsport	resistant to be hammered into rocky and icy floors
v	snow pegs 20 x	Fjallraven	to be used for snow and sand
v	axe	Oxo	for cutting wood, ice and hammering pegs into rocky floors
1b cooking								
v	integrated windshield	Trangia	25 Series, comes with the alcohol stove	cooking bag		109 l waterproof bag	1 of 4	G
v	pan 2 x	.	one teflon, one steel
v	handkerchief 4 x	.	prevents scratches on the teflon pans
v	gripper	Trangia	aluminium
v	gasoline stove 1 and 2	Primus, Trangia	? type, Multifuel X2 type
v	gasoline or alcohol	.	Coleman fuel or alchohol, in 2 x 0,5 l aluminium bottles
v	gas lighter 1 and 2	.	keep in warming bag in low temperatures
v	fire stick	home made	helps ignite the alcohol stove in low temperatures
v	spoon 2 x	.	lightweight steel, backside to be used as soap spatula
v	spatula 2 x	.	one plastic, one wood
v	plate 5 x	Hema	feather weight for multiple uses
v	water bag	home made	to bring eight liters of water to your camp
v	abrasive cloth	.	cleaning pans and pots
v	water filter	.	get rid of the largest particals in dirty water
v	shaker	.	with metal spiral inside, to shake dough for pancakes
v	dish brush	.	fits in waterproof container	small utensils bag		.	.	.
v	can opener	Coghlan's	small size that works
v	mug 2	.	feather weight	food bag	1 of 6	.	.	.
v	garbage	.	in air tight bag to prevent smell
v	knife	Mora	one-piece fishing knife with plastic holster	.		30 l waterproof bag	1 of 4	J
1c hygiene								
v	soap	.	100 ml green soap to prevent damage to biology	small utensils bag		109 l waterproof bag	1 of 4	G
v	washcloth 1 and 2	.	cleaning yourself makes a human again
v	water purification	.	one drop is enough for 0,5 litres of water
v	tooth care	.	tooth brush and 0,02 ltr tooth paste
v	dental floss
v	scissors	Hema	for cutting beard and other stuff
v	razorblade
v	nail clipper	.	sturdy version for fingers and toes
v	betadine	.	prevents infection from wounds
v	antibiotics and pain relief	.	to cope with internal- and skin infections and pain
v	emergency bandage	.	cotton and bandage
v	toilet paper	.	keep some in warming bag	40 l nylon food bag	1 of 6	.	.	.
v	sunburn	.	.	belly bag		.	.	.
v	musquito repellent
1d maintenance								
v	cleansing nails 1 and 2	home made	to get rid of the soot in the stove	cooking bag		109 l waterproof bag	1 of 4	G
v	gas lighter 3 and 4	.	.	small utensils bag		.	.	.
v	primus repair set	Primus	tool, cleansing needle and spare parts
v	tool with pliers	.	small version
v	textile tape	Tesa	strong, durable and waterproof
v	superglue	Patex

v	glue and fabric for mattress		a leaking sleeping mattress can be a disaster
v	glue and fabric for tent		
v	sewing kit		3 needles and 30 meters of strong thread
v	safety pins		fast fix of ripped clothes
v	camera bolt		spare bolt for camera connection
v	small screwdriver head		
v	small philips head		
v	super small philips head		for replacing videocamera lens
v	lens		makes fire with sunlight
v	fire stick		strike the magnesium with the backside of a knife
v	fishing hooks		amount of 15 small to medium sized
v	spare guy lines 20 m		
v	tent pole repair tube	Helsport	aluminium tube to fit round te poles

1e clothing

v	eye cover for sleeping		to get a sleep in the Arctic summers	small utensils bag		109 l waterproof bag	1 of 4	G
v	ear plugs		to get a sleep in howling winds
v	socks 1 to 3	Falke	wearing both, keep one dry	20 l waterproof liner bag	1 of 3	.	.	.
v	vapour barrier socks		to keep moisture out of boots
v	fleece gloves 1 and 2	Mammut	Turbine convert type, and spare dry ones
v	liner pants 1 and 2	Under Armour	slick type for better movement while wearing beneath pants
v	sweater	Fjallraven	
v	socks 4 and 5	Falke		30 l waterproof liner bag	2 of 2	.	.	N
v	underwear 1 and 2	Under Armour	
v	t-shirt 1 and 2	Fjallraven	
v	liner sweater 1 and 2
v	liner gloves 1 and 2
v	gore-tex mittens 1 and 2	?	one spare
v	neck protection 1 and 2	Columbia	face and neck protection
v	balaclava 1 and 2	Haglofs	
v	mosquito hat 1 and 2		for mosquitoes and midgets
v	sunglasses	Adidas		belly bag		30 l waterproof bag	2 of 5	J
v	cap 1 to 3	Fjallraven, Prijon		20 l waterproof liner bag	2 of 3	.	.	.
v	mob cap 1 and 2	Barts	
v	ski goggles	Uvex	
v	gaiters	home made	feather weight and breathable
v	pants	Fjallraven	one layer, mosquito-proof with bretels	.	.	50 l compression bag	1 of 2	P
v	jacket	.	one layer, mosquito-proof
v	rain pants	.	for rain and wind
v	rain jacket	.	made from bio - friendly breathable waterproof coating
v	synthetic insulated pants		
v	insulated mittens 1 and 2	Rab	
v	fur polar cap	Fjallraven	
v	down boots
v	synthetic insulated jacket	?	warm even when wet	50 l compression bag	2 of 2	109 l waterproof bag	2 of 3	O
v	down insulated jacket	Fjallraven	500 grams type
v	drysuit	Kokatat	gore-tex full protection to cold water	30 l waterproof bag	4 of 5	.	.	.
v	rubber boots	Viking	can't do without in the tundra

1f food (see food list)

v	seven - day amount			40 liter nylon bag	1 of 6	109 l waterproof bag	1 of 4	G
v	food for underway		nuts, pancakes, etc.	5 l transparant bag	1 of 2	30 l waterproof bag	3 of 4	J
v	thermo bottle with mug	Coleman	1,5 liter

1g information

v	watch	Casio	Pro-track type, with altimeter and compass					
v	compass	Recta						
v	headlamp 1	Princeton	Tec Apex extreme type + 8 AA batteries	warming bag	2 of 2			
v	cell phone	Samsung		warming bag	1 of 2			
v	satellite WiFi 1 and 2	Iridium		.	.			
v	GPS	Garmin	Gekko type + 3 AAA batteries	0,3 l waterproof transparant bag	1 of x	belly bag		J
v	map measuring plate		
v	marker			0,2 l waterproof transparant bag	1 of x	.	.	.
v	head lamp 2	Petzl	Tikka 3 type	small blue bag		.	1 of 1	.
v	pencil		with cover, to prevent damage
v	measure wheel		measuring distance on the map
v	map			2 l waterproof transparant bag	1 of 2	.	.	.
v	travel papers			wallet bag		30 l waterproof liner bag	1 of 2	N
v	iPod + cable 1 and 2 + earphone	Apple	for reading, music and making notes	20 l waterproof liner bag	1 of 2	109 l waterproof bag	1 of 4	G
v	small charger + usb cable	Brunton	
v	satellite telephone	Iridium		0,3 l waterproof transparant bag	2 of x	20 l waterproof liner bag	2 of 3	.

1h cameras

v	photo camera	Samsung	NX 200 type + battery	Click camera bag		30 l waterproof bag	2 of 5	J
v	film camera 1	GoPro2	Hero type + battery, lens cover, anti fog inserts			.	.	.
v	small tripod		connected to filmcamera 1			.	.	.
v	film camera 2	GoPro2	Hero type + battery, lens cover, anti - fog inserts, head band			.	.	.
v	sound recorder + microphone		for external video recordings	0,3 l waterproof transparant bag	1 of x	belly bag	1 of 1	.
v	mirror	Coghlan's	to see if the head camera is placed horizontally
v	spare film camera battery 2 x	GoPro		0,2 l waterproof transparant bag	3 of x	.	.	.
v	spare photo camera battery 2 x	Samsung	
v	spare AAA battery 3 x		for GPS
v	spare memorycard 2 x		
v	spare lenses video camera 2 x		
v	camera kite + connection + lines		hardframe			.	.	N
v	camera kite connection 2		for snow kite	multi utensils bag	2 of 2	30 l waterproof liner bag	2 of 2	.
v	large tripod	RedEdge	TSC-424G type			30 l waterproof bag	4 of 5	M

1i charging

v	solar panel	Brunton	Solar roll marine type					
v	large charger	.	Impel type	1 l waterproof transparant bag	2 of 2			N
v	video battery charger	GoPro	

v	photo battery charger	Jupio
v	cable 1: solar panel - sig. lighter socket
v	cable 2: sig. lighter socket - charger
v	cable 3: regular usb
v	cable 4: micro usb 1 and 2
v	cable 5: round cable
v	adaptor cable 5: laptop
v	adaptor cable5: photo battery charger
v	sig. lighter socket + adaptor usb
v	indoor adaptor large charger
v	sig. lighter adaptor satellite phone	.	multi utensils bag	1 of 2	.	.	.

1j safety

v	emergency spot locator	Spot	(rescue) GPS transmitter + batteries	holster	.	30 l waterproof bag	3 of 5	T
v	revolver	Ruger	Redhawk .44 caliber to warn and fend off bears
v	ammunition	.	integrated within the holster
v	bear alarm 1 and 2	.	with square batteries	30 l waterproof bag	4 of 5	109 l waterproof bag	2 of 4	D
v	bear alarm tripods 4x	.	used together with line and alarm	P
v	bear alarm tripod line 100 m
v	alcohol stove	Trangia	emergency stove to be placed within the windshield	multi utensils bag	2 of 2	.	.	.
v	ethanol small amount	.	small amount to pre-heat
v	spare tent	Helsport	Ringstind light	20 l waterproof liner bag	3 of 3	.	.	Q
v	spare tent poles	.	.	waterproof tent pole bag
v	spare snow pegs
v	small fishing gear	.	lightweight plate with fishing line, artificial bate
v	artificial bate
v	rescue blanket	.	emergency shelter and heat preserver	0,2 l waterproof transparent bag	1 of 5	.	.	.
v	gas lighter
v	small knife
v	copper thread	.	for hunting small mammals in case of emergency
v	fishing gear
v	condom	.	collects and carries water
v	needle	.	makes for a sewing kit combined with fishing thread
v	mini-lamp
v	wistle
v	compass
v	backpack frame	Molly	With home made strapping system	O

2 Extra supplies (five weeks)

2a extra supplies & food (see supplies list)

v	extra maps	.	.	2 l waterproof transparent bag	2 of 2	.	.	N
v	ethanol large	.	enough to survive for one week	Q
v	gasoline
v	food	.	.	40 l nylon food bag	3 to 6	.	.	B
v	toilet paper

2b extra maintenance

v	filmcamera 3 (spare)	.	with battery, lens cover, anti - fog inserts and large tripod connection	multi utensils bag	1 of 2	30 l waterproof liner bag	2 of 2	N
v	batteries AA	Duracell
v	batteries AAA
v	battery square	.	for bear alarm
v	gas lighter 5 en 6
v	mosquito repellent
v	tooth paste
v	soap
v	sunburn
v	skin creme	Prep
v	superglue
v	tent glue and spare fabric
v	matress glue and fabric	Exped
v	rubber glue and fabric	Aquaseal	urethane substance
v	PE boat repair	Pryon	melting sticks for repairing small damages
v	textile tape 2 x	Tesa
v	textile tape 2 x	Tesa	anti-corrosion of metal ski edges during summer
v	spare moertjes 2 x	.	voor camera
v	saw for iron	.	small saw for getting trough different materials
v	grindstone	.	to sharpen knife and axe
v	sand paper
v	copper thread	.	for strong and slick repairs
v	marker	Edding
v	pump grease	Primus	maintenance of Primus stove-pump
v	machine oil	.	0,04 ltr for maintenance of metal wear
v	zipper wax	MacNett
v	memorycards	.	16 MB card for 1,5 hours film each
v	lenses filmcamera	.	with small philips screw driver, screws and rubber rings
v	anti fog inserts
v	fishing line	.	bright coloured 200 metres 10 kg strength
v	elastic cord 1 m	.	1 meter
v	user guides	.	user guide for fishing reel, Primus stove, glues, etcetera
v	ammunition
v	antibiotics and pain relief	.	to cope with internal- and skin infections and pain
v	wrenches 2,5 and 4 and 5 mm	.	5 for kayak, 4 mm for tripod, 2,5 mm for other mechanics	multi utensils bag	2 of 2	.	.	.
v	philips screwdriver	.	for adjusting ski bindings

3 Kayak equipment

v	kajak	Prijon	Poseidon type, two-person sea kayak
v	seat
v	rudder	.	for steering against wind and currents
v	internal rigging straps 1 and 2	.	keeps gear inside the kayak secured
v	material net
v	elastic cord 10 m with hooks	.	attaches the solar panel on the deck of the kayak
v	small carabines	.	secures small objects to the kayak
v	nylon cord 20 m	.	pulling and securing line

v	pulling rope		thick quality, 5 meters					
v	screw carabine 1 of 3	Black Diamond	attachment of nylon kord					
v	rigging straps 1 and 2		attaches large gear on the deck of the kayak					
v	neoprene cover	Rookie	covers the front seat					
v	paddles	Prijon	tough paddles for rocky and shallow rivers					L
v	water pump	Prijon	getting water out of the boat quickly					K
v	personal floatation device	Kokatat						O
v	spray skirt	Prijon	neoprene keeps the water out					.

4 Ski-kite equipment

v	skis	Fisher	waxless skis with 75 mm bindings					L
v	ski poles	Leki	Expedition type					O
v	ski shoes	Fisher						.
v	snow shovel		uses ski poles as a handgrip					.
v	snow saw		cutting blocks of snow for shelter					.
v	sealskins	Black Diamond	Ascension Nylon SDS					.
v	spikes			multi utensils bag	2 of 2			N
v	screw carabine 1 x	Black Diamond	securing the kite	.				.
v	katrol	.	for stability whilst pulling the kajak	.				.
v	ice drill	.		.				.
v	snowkite with bar and lines	Ozone	11 square metres	30 lwaterproof bag	5 of 5			O
v	kite harness	.	feather weight climbing harness	.				.