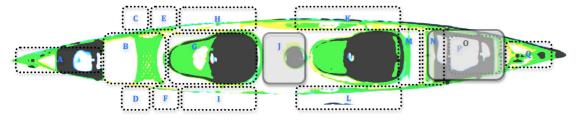
## Arctic Venture packlist

## for kayak - hike - ski combinations

This list shows expedition gear and the way it is packed. My sleeping bag for example, is packed in a compression bag (inner packing) which, together with other gear is finally packed in a waterproof bag of 109 liters (outher packing), stored in the kayak with location code G.



Broken lines = inside gear, closed lines = outside gear

	. = ditto	yellow = damag	ed or lost					
nr	item	brand name	remark	inner packing	nr.	outher packing	nr.	location
								kayak
1	Fxnedit	· i o n	gear (one week)					
	Lxpcare		g car (one week)					
1a	shelter							
v	winter sleeping bag	Helsport	inner bag 90 % goose down, outher bag polarguard	50 I compression bag		109 I waterproof bag	1 of 4	G
v	vapour barrier liner		keeps body moisture away from the sleeping bag					
v	sleeping bag liner	Outdoor Design	keeps your sleeping bag clean from the inside					
v	sleeping matress	Exped	Downmat type large, -30 comfort range					
v	inflating device		inflates the sleeping matress more quickly	20 I waterproof liner bag	1 of 4			
v	inflatable pillow	•	worth the weight if it improves your sleep	•				·
v	sit mat	Home made	to keep the hinies warm and dry	30 I waterproof bag	1 of 4			1 :
V	tent	Helsport	Patagonia 3 person type	70 I waterproof liner bag	1 of 3	109 I waterproof bag	2 of 4	0
V	tent poles 1 and 2		regular and spare set of tentpoles	30 I waterproof bag	2 of 4			·
v	tent pegs 25 x	Helsport	resistant to be hammered into rocky and icy floors	•		•		.
.,	snow pegs 20 x axe	Fjallraven Oxo	to be used for snow and sand	•		•		.
V		OXO	for cutting wood, ice and hammering pegs into rocky floors			•		
1b	cooking							
v	integrated windshield	Trangia	25 Series, comes with the alcohol stove	cooking had	ı	109 I waterproof bag	1 of 4	l g l
v	pan 2 x	iraliyla	one teflon, one steel	cooking bag		103 i warei hi ooi nag	1 01 4	G
v	handkerchief 4 x		prevents scratches on the teflon pans	•		·		'
v	gripper	Trangia	aluminium					1 : 1
v	gasoline stove 1 and 2	Primus, Trangia	? type, Multifuel X2 type	_				1
v	gasoline or alcohol	,	Coleman fuel or alchohol, in 2 x 0,5 I aluminium bottles					1
v	gas lighter 1 and 2		keep in warming bag in low temperatures					1 .
v	fire stick	home made	helps ignite the alcohol stove in low temperatures					
v	spoon 2 x		lightweight steel, backside to be used as soap spatula					
V	spatula 2 x		one plastic, one wood					
٧	plate 5 x	Hema	feather weight for multiple uses					
v	water bag	home made	to bring eight liters of water to your camp					
v	abrasive cloth		cleaning pans and pots					·
V	water filter		get rid of the largest particals in dirty water	•		•		
V	shaker		with metal spiral inside, to shake dough for pancakes	and the base of the base		•		.
v	dish brush	Coablan's	fits in waterproof container small size that works	small utensils bag		•		.
v	can opener mug 2	Coghlan's	feather weight	food bag	1 of 6			·
v	garbage		in air tight bag to prevent smell	rood bag	1 01 0	·		'
v	knife	Mora	one-piece fishing knife with plastic holster			30 I waterproof bag	1 of 4	j
	,					, ,		
1c	hygene							
v	soap		100 ml green soap to prevent damage to biology	small utensils bag		109 I waterproof bag	1 of 4	G
v	washcloth 1 and 2		cleaning yourself makes a human again					1
v	water purification		one drop is enough for 0,5 litres of water					1
v	tooth care		tooth brush and 0,02 ltr tooth paste					1 .
v	dental floss							
v	scissors	Hema	for cutting beard and other stuff					
v	razorblade							
v	nail clipper		sturdy version for fingers and toes					
v	betadine		prevents infection from wounds					.
v	antibiotics and pain relief		to cope with internal- and skin infections and pain					
v	emergency bandage		cotton and bandage					
V	toilet paper		keep some in warming bag	40 I nylon food bag	1 of 6			, ·
v	sunburn			belly bag				
v	musquito repellent				<u> </u>		<u> </u>	
1d	maintenan	се						
v	cleansing nails 1 and 2	home made	to get rid of the soot in the stove	cooking bag	1	109 I waterproof bag	1 of 4	G
v	gas lighter 3 and 4			small utensils bag				1 . ]
v	primus repair set	Primus	tool, cleansing needle and spare parts					1 . ]
v	tool with pliers		small version					
v	textile tape	Tesa	strong, durable and waterproof					.
V	superglue	Patex			l		1	ı ·

v	glue and fabric for matress	Í	a leaking sleeping mattress can be a disaster	1			1 1	
	glue and fabric for tent		a leaking sleeping mattress can be a disaster			·		
	sewing kit		3 needles and 30 meters of strong thread					
v	safety pins		fast fix of ripped clothes					
	camera bolt		spare bolt for camera connection					
	small screwdriver head small philips head			·		•		•
	super small philips head		for replacing videocamera lens					
	lens		makes fire with sunlight					
v	fire stick		strike the magnesium with the backside of a knife					
v	fishing hooks		amount of 15 small to medium sized					
	spare guy lines 20 m							
v	tent pole repair tube	Helsport	aluminium tube to fit round te poles					
1e	clothing							
v	eye cover for sleeping	I	to get a sleep in the Arctic summers	small utensils bag		109 I waterproof bag	1 of 4	G
v	ear plugs		to get a sleep in howling winds				1 01 4	
	socks 1 to 3	Falke	wearing both, keep one dry	20 I waterproof liner bag	1 of 3	i i		
	vapour barrier socks		to keep moisture out of boots					
v	fleece gloves 1 and 2	Mammut	Turbine convert type, and spare dry ones					
	liner pants 1 and 2	Under Armour	slick type for better movement while wearing beneath pants					
	sweater	Fjallraven						
	socks 4 and 5	Falke		30 I waterproof liner bag	2 of 2			N
	underwear 1 and 2 t-shirt 1 and 2	Under Armour Fjallraven		·				•
	liner sweater 1 and 2							
	liner gloves 1 and 2							
v	gore-tex mittens 1 and 2	?	one spare					
	neck protection 1 and 2	Columbia	face and neck protection					
	balaclava 1 and 2	Haglofs						
	musquito hat 1 and 2	Adidac	for musquitoes and midgets			30.1	2 -6 -	
	sunglasses	Adidas		belly bag	2 -6 2	30 I waterproof bag	2 of 5	J
	cap 1 to 3 mob cap 1 and 2	Fjallraven, Prijon Barts		20 I waterproof liner bag	2 of 3		·	•
	ski goggles	Uvex				i :		•
	gaiters	home made	feather weight and breathable	·		· ·		
v	pants	Fjallraven	one layer, musquito-proof with bretels			50 I compression bag	1 of 2	Р
v	jacket		one layer, musquito-proof					
/	rain pants		for rain and wind					
	rain jacket		made from bio - friendly breathable waterproof coating					
	synthetic insulated pants					•		
V	insulated mittens 1 and 2	Rab						
	fur polar cap	Fjallraven						
	· ·							
v	down boots		warm even when wet	50 L compression had	2 of 2	109 I waterproof bag	2 of 3	
v	down boots synthetic insulated jacket	? Fiallraven	warm even when wet 500 grams type	50 I compression bag	2 of 2	109 I waterproof bag	2 of 3	O
v v v	down boots	? Fjallraven Kokatat	warm even when wet 500 grams type gore-tex full protection to cold water	50 I compression bag 30 I waterproof bag	2 of 2 4 of 5	109 I waterproof bag	2 of 3	O
v v v	down boots synthetic insulated jacket down insulated jacket	-	500 grams type			109 I waterproof bag	2 of 3	0
v v v v	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots	Kokatat Viking	500 grams type gore-tex full protection to cold water can't do without in the tundra			109 I waterproof bag	2 of 3	O
v v v v 1f	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see fo	Kokatat Viking	500 grams type gore-tex full protection to cold water can't do without in the tundra	.30 I waterproof bag	4 of 5	:		
v v v v 1f	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see fo seven - day amount	Kokatat Viking	500 grams type gore-tex full protection to cold water can't do without in the tundra )	30 I waterproof bag  40 liter nylon bag	4 of 5		1 of 4	
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v v v v 1f v v	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see fo seven - day amount food for underway thermo bottle with mug	Kokatat Viking O d list Coleman	500 grams type gore-tex full protection to cold water can't do without in the tundra )	30 I waterproof bag  40 liter nylon bag	4 of 5		1 of 4	
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v v v v v v v t f f f v v v v t f f f f	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see fo seven - day amount food for underway thermo bottle with mug  informatio watch compass	Kokatat Viking  O d list  Coleman  O n  Casio Recta	500 grams type gore-tex full protection to cold water can't do without in the tundra ) nuts, pancakes, etc. 1,5 liter  Pro-track type, with altimeter and compass	30 I waterproof bag 40 liter nylon bag 5 I transparant bag	4 of 5		1 of 4	
1f	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see fo seven - day amount food for underway thermo bottle with mug  informatio watch compass headlamp 1	Kokatat Viking  O d list  Coleman  Casio Recta Princeton	500 grams type gore-tex full protection to cold water can't do without in the tundra  ) nuts, pancakes, etc. 1,5 liter	30 I waterproof bag  40 liter nylon bag 5 I transparant bag  warming bag	4 of 5  1 of 6 1 of 2		1 of 4	
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v v v v v v l l f v v v v v v v v v v v	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see fo seven - day amount food for underway thermo bottle with mug  informatio watch compass headlamp 1 cell phone satellite WiFi 1 and 2	coleman  Casio Recta Princeton Samsung Iridium	500 grams type gore-tex full protection to cold water can't do without in the tundra ) nuts, pancakes, etc. 1,5 liter  Pro-track type, with altimeter and compass Tec Apex extreme type + 8 AA batteries	30 I waterproof bag 40 liter nylon bag 5 I transparant bag warming bag warming bag	4 of 5  1 of 6 1 of 2		1 of 4	G J
11f	down boots synthetic insulated jacket down insulated jacket drysuit rubber boots  food (see foo seven - day amount food for underway thermo bottle with mug  informatio watch compass headlamp 1 cell phone satellite WiFi 1 and 2 GPS map measuring plate marker	coleman  Casio Recta Princeton Samsung Iridium Garmin	500 grams type gore-tex full protection to cold water can't do without in the tundra ) nuts, pancakes, etc. 1,5 liter  Pro-track type, with altimeter and compass Tec Apex extreme type + 8 AA batteries  Gekko type + 3 AAA batteries	30 I waterproof bag  40 liter nylon bag 5 I transparant bag  warming bag warming bag 0,3 I waterproof transparent bag 0,2 I waterproof transparent bag	4 of 5  1 of 6 1 of 2		1 of 4 3 of 4	G J
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.,	photo battery charger	Jupio						
v	cable 1: solar panel - sig. lighter							
	socket cable 2: sig. lighter socket -							
V	charger			·				•
V	cable 3: regular usb cable 4: micro usb 1 and 2			·				•
v	cable 5: round cable			:				:
v	adaptor cable 5: laptop							
v	adaptor cable5: photo battery							
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V	sig. lighter socket + adaptor usb			٠				•
V	indoor adaptor large charger			multi utensils bag	1 of 2			
v	sig. lighter adaptor satellite phone							
1j	safety							
v	emergency spot locator	Spot	(rescue) GPS transmittor + batteries	I	l			
v	revolver	Ruger	Redhawk .44 caliber to warn and fend off bears	holster		30 I waterproof bag	3 of 5	Т
V	ammunition		integrated within the holster					_
v	bear alarm 1 and 2 bear alarm tripods 4x		with square batteries used together with line and alarm	30 I waterproof bag	4 of 5	109 I waterproof bag	2 of 4	D P
v	bear alarm tripod line 100 m		asea together with line and diami					
v	alcohol stove	Trangia	emergency stove to be placed within the windshield	multi utensils bag	2 of 2			
v	ethanol small amount		small amount to pre-heat					
V	spare tent	Helsport	Ringstind light	20 I waterproof liner bag	3 of 3			Q
v	spare tent poles spare snow pegs			waterproof tent pole bag				•
v	small fishing gear	ľ	lightweight plate with fishing line, artificial bate					
v	artificial bate							
v	resque blanket		emergency shelter and heat preserver	0,2 I waterproof transparent bag	1 of 5			
v	gas lighter			·				
v	small knife copper thread		for hunting small mammals in case of emergency	]				
v	fishing gear			<u> </u>				
v	condom		collects and carries water					
v	needle		makes for a sewing kit combined with fishing thread					
v	mini-lamp wistle			,				
v	wistle compass			·				
v	backpack frame	Molly	With home made strapping system	<u> </u>	<u> </u>		<u> </u>	0
2	Extrasi	ınnl	<b>ies</b> (five weeks)					
	- /	я р р .						
٦-		1:0	<b>6</b>					
Za	extra supp	iies &	food (see supplies list)					
v	extra maps			2 I waterproof transparent bag	2 of 2			N
v	ethanol large		enough to survive for one week				i I	Q
v	gasoline							
v v	food			40 I nylon food bag	3 to 6			В
v v v	food toilet paper			40 I nylon food bag	3 to 6			В
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v v v 2b	food toilet paper	tenan 		40 l nylon food bag multi utensils bag	3 to 6	30 I waterproof liner bag	2 of 2	B ·
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v v 2b v v v	food toilet paper  e x t r a m a i n  filmcamera 3 (spare)  batteries AA batteries AAA battery square		C E with battery, lens cover, anti - fog inserts and large tripod	<u> </u>	. 	30 I waterproof liner bag	2 of 2	•
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v v v v	food toilet paper  e x t r a m a i n  filmcamera 3 (spare)  batteries AA  batteries AAA  battery square  gas lighter 5 en 6  mosquito repellent tooth paste soap		C E with battery, lens cover, anti - fog inserts and large tripod connection	<u> </u>	. 	30 I waterproof liner bag	2 of 2	•
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v v v v	food toilet paper  e x t r a m a i n  filmcamera 3 (spare)  batteries AA  batteries AAA  battery square gas lighter 5 en 6  mosquito repellent tooth paste soap sunburn skin creme		C E with battery, lens cover, anti - fog inserts and large tripod connection	<u> </u>	. 	30 I waterproof liner bag	2 of 2	•
v v v v v v v v v v v v v v v v v v v	food toilet paper  e x t r a m a i n  filmcamera 3 (spare)  batteries AA  batteries AAA  battery square  gas lighter 5 e n 6  mosquito repellent tooth paste soap sunburn	Duracell	C E with battery, lens cover, anti - fog inserts and large tripod connection	<u> </u>	. 	30 I waterproof liner bag	2 of 2	•
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· · · · · · · · · · · · · · · · · · ·	food toilet paper  e x t r a m a i n  filmcamera 3 (spare)  batteries AA  batteries AAA  batteries AAA  batteries AAA  batteries de la control of the second	Duracell Prep Exped Aquaseal Pryon Tesa Tesa Edding Primus MacNett	with battery, lens cover, anti - fog inserts and large tripod connection  for bear alarm  urethane substance melting sticks for repairing small damages anti-corrision of metal ski edges during summer voor camera small saw for getting trough different materials to sharpen knife and axe for strong and slick repairs  maintenance of Primus stove-pump 0,04 ltr for maintenance of metal wear  16 MB card for 1.5 hours film each with small philips screw driver, screws and rubber rings bright coloured 200 metres 10 kg strength 1 meter user guide for fishing reel, Primus stove, glues, etcetera to cope with internal- and skin infections and pain 5 for kayak, 4 mm for tripod, 2,5 mm for other mechanics for adjusting ski bindings	multi utensils bag	1 of 2	30 I waterproof liner bag	2 of 2	•
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· · · · · · · · · · · · · · · · · · ·	food toilet paper  e x t r a m a i n  filmcamera 3 (spare)  batteries AA batteries AAA batteries AAA battery square gas lighter 5 e n 6 mosquito repellent tooth paste soap sunburn skin creme superglue tent glue and spare fabric matress glue and fabric rubber glue and fabric rubber glue and fabric reber glue and fabric rubber glue and fabric reber glue and fabric rubber glue and fabric rubper glue samd paper copper thread marker pump grease machine oil zipper wax memorycards lenses filmcamera anti fog inserts fishing line elastic cord 1 m user guides ammunition antibiotics and pain relief wrenches 2,5 and 4 and 5 mm philips screwdriver  K a y a k e kajak seat rudder internal rigging straps 1 and 2 material net elastic cord 10 m with hooks	Duracell Prep Exped Aquaseal Pryon Tesa Tesa Edding Primus MacNett	with battery, lens cover, anti - fog inserts and large tripod connection  for bear alarm  urethane substance melting sticks for repairing small damages anti-corrision of metal ski edges during summer voor camera small saw for getting trough different materials to sharpen knife and axe for strong and slick repairs  maintenance of Primus stove-pump 0,04 ltr for maintenance of metal wear  16 MB card for 1.5 hours film each with small philips screw driver, screws and rubber rings bright coloured 200 metres 10 kg strength 1 meter user guide for fishing reel, Primus stove, glues, etcetera	multi utensils bag	1 of 2	30 I waterproof liner bag	2 of 2	•
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pulling rope		thick quality, 5 meters					
screw carabine 1 of 3	Black Diamond	attachment of nylon kord					
rigging straps 1 and 2		attaches large gear on the deck of the kayak					
neoprene cover	Rookie	covers the front seat					
paddles	Prijon	tough paddles for rocky and shallow rivers					
water pump	Prijon	getting water out of the boat quickly					
personal floatation device	Kokatat						(
spray skirt	Prijon	neoprene keeps the water out					
skis	Fisher	wayless skis with 75 mm hindings	Ī	1	1	1	1
skis ski noles	Fisher	waxless skis with 75 mm bindings					
ski poles	Leki	waxless skis with 75 mm bindings Expedition type					
ski poles ski shoes		Expedition type					
ski poles ski shoes snow shovel	Leki	Expedition type  uses ski poles as a handgrip					
ski poles ski shoes snow shovel snow saw	Leki Fisher	Expedition type  uses ski poles as a handgrip cutting blocks of snow for shelter					(
ski poles ski shoes snow shovel snow saw sealskins	Leki	Expedition type  uses ski poles as a handgrip		2.62			
ski poles ski shoes snow shovel snow saw sealskins spikes	Leki Fisher Black Diamond	Expedition type  uses ski poles as a handgrip  cutting blocks of snow for shelter  Ascension Nylon SDS	multi utensils bag	2 of 2			
ski poles ski shoes snow shovel snow saw sealskins spikes screw carabine 1 x	Leki Fisher	Expedition type  uses ski poles as a handgrip cutting blocks of snow for shelter Ascension Nylon SDS  securing the kite	multi utensils bag	2 of 2			
ski poles ski shoes snow shovel snow saw sealskins spikes screw carabine 1 x katrol	Leki Fisher Black Diamond	Expedition type  uses ski poles as a handgrip  cutting blocks of snow for shelter  Ascension Nylon SDS	multi utensils bag	2 of 2			
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